

# **DOMINICAN CONVENT HIGH SCHOOL**

## **1ST TERM AFTERNOON ACTIVITIES 2015**



Day and Time	Sport	Age Group	Coaches
<b>Monday</b>			
1:15 – 2:00pm 2:00 – 3:00pm	House swimming (T & F) Basketball Squash Soccer	All ages All ages B & C All ages B & C U14/15 A & B	Miss Mwale Mrs Smith Miss Nemaramba Mr Chikonye/Miss Mwale
3:00 – 4:00pm	Bootcamp Tennis Basketball	U14/15A U14 A	Mr Chikonye Mr Joelson Mrs Smith
4:00 – 5:00pm	Basketball Tennis Swimming Team Hockey	U16 1 <sup>st</sup> /2 <sup>nd</sup> /U16 All ages B & Cs All ages 1 <sup>st</sup> team	Mrs Smith Mr Joelson Miss Mwale Mr Chikonye
<b>Tuesday</b>			
1:15 – 2:00pm	Beginners swimming	All ages	Miss Mwale/Nemaramba
2:00 – 3:00pm	Bootcamp	F2-U6	Mr Chikonye
3:00 – 4:00pm	Basketball Volleyball	U15 U14/15	Mrs Smith Mr Moyo/Mrs Rwambiwa
4:00 – 5:00pm	Basketball Swimming Team Tennis Soccer	1 <sup>st</sup> Team All Ages 1 <sup>st</sup> , 2 <sup>nd</sup> & U16 U16/1 <sup>st</sup> team	Mrs Smith Miss Mwale/Miss Nemaramba Mr Joelson Mr Chikonye
<b>Wednesday</b>			
1:15 – 2:00pm	House swimming (J&D)	All ages	Miss Mwale
2:00 – 3:00pm	Team swimming	All ages/City pool	Mwale/Nimaramba/
3:00 – 4:00pm	House swimming (T & F)		Miss Mwale
4:00 – 5:00pm	Basketball Tennis Swimming Team Volleyball Netball  Hockey	U16 U14/15 All ages U16/1 <sup>st</sup> team U16/1 <sup>st</sup> team  1 <sup>st</sup> team	Mrs Smith Mr Joelson Mwale/Nimaramba Mr Moyo/ Mrs Rwambiwa Mrs Moyo/Mrs Mavinga/Nemaramba Mr Chikonye
<b>Thursday</b>			
1:15 – 2:00pm	Beginners Swimming	All ages	Miss Mwale
2:00 – 3:00pm	Swimming Beginners Squash Basketball	All ages Team All ages B & C	Miss Mwale Mrs Nimaramba/Chikonye Mrs Smith
3:00 – 4:00pm	Basketball Squash Bootcamp Netball House swimming (J & D)	U14 Team All ages U14/15 All ages	Mrs Smith Mrs Nimaramba/Mwale Mr Chikonye Nimaramba/Moyo/Mavinga Miss Mwale
4:00 – 5:00pm	Basketball Soccer Tennis Swimming Team	1 <sup>st</sup> team U16/1 <sup>st</sup> team 1 <sup>st</sup> , 2 <sup>nd</sup> & U16 All ages	Mrs Smith Mr chikonye Mr Joelson Miss Mwale/ Mrs Nemaramba
<b>Fridays &amp; Saturday</b>			
	<b>Match days</b>		

## **AFTERNOON ACADEMIC SUBJECTS**

### **MONDAY**

	<b><u>2.00-3.00 pm</u></b>	<b><u>3.00-4.00 pm</u></b>
3A	Physical Science	Geography
3A1	Business Studies	Geography
3A2		Business Studies
4A	Geography	Physical Science
4A1	Geography	Business Studies
4A2	Business Studies	Geography
L6	Physics	English Language 2

### **TUESDAY**

3A	Zulu	Religious Studies
3A1	Zulu	
4A	Zulu	Religious Studies
4A1	Practical/Zulu	
4A2	Practical/Zulu	
L6	Chemistry	
U6	Biology	
U6 AS	AS Accounts	

### **WEDNESDAY**

U6	Physics
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### **THURSDAY**

3A	Zulu
3A1	Practical/Zulu
3A2	Practicals
4A	Zulu
4A1	Zulu
L6	Biology
U6	Chemistry